# CVLA School Site Advisory Board Tuesday, October 23, 2023 Agenda and Notes

#### 1. Who is in the room?

- a. Ms Aka- teacher representative-
- b. Ms Velazquez- staff representative share staff perspective and voice needsvolunteered because never been a part of school leadership She wants to make a difference!
- c. Cris Guevara- 7th grade student representative- here to to give the student's perspective
- d. Anna Hadingham- work at La Colaborativa-partner organization to the schoolprovide jobs, mental health services, try to make jobs available to students and mental health
- e. Kimberly Gonzalez- 12th grade student student- learn and does work here because a whole new experience being online
- f. Napoleon Jean Lambert- 12th grader-

## 2. Reviewing the purpose of SSAC

#### 3. Students share

- a. What's going well- what do you like about the school? I really like Ms. Thompson's class- she is teaching me and I need that
- b. I wish I could change web design it's kind of boring-we were making games last year we are making
- c. The school is understanding, caring and respectful...Ms Maccini would try to help each student she can...I would not change anything about it- nothing comes to mind....

I really like the field trips- where we mostly get to know one another we all get along easily- the best one so far- the Aquarium was the best one so far- the laughter- the food- a moment when we got to know one another. Ms Aka were new, they brought the vibes...

I really like doing science- I like learning about molecules- sometimes it's too hard to understand stuff but Ms Aka explains stuff easily to comprehend.

Cris is so brave! Cris will always ask questions....

Excited for school? Kimberly- every day....in a breakout room most of the time?

What would help people's mental and emotional health? Talking to students alone? I would go to my parents or teachers...is there space for you to have a bad day but still have a good day at school? Sometimes learning takes our mind off of our troubles...There are sometimes where I feel good being in the classroom- other times I feel like it's too overwhelming... Sometimes I go to staff for advice...

What fun would we want to do? Cooking- beginning the staff on a tour of Chelsea...a science experiment - we could get students the materials to do a science experience- at home...that would be fun...

Anonymous Survey? (you are super secret spy)

- What is the **vibe** of being a teen in Chelsea?
- What is the hardest thing about being a young person in Chelsea?
- What is the best part of being a young person in Chelsea?
- What is something that CVLA could do better?
- Why did you choose CVLA?
- Do you have a job outside of school?
- Do you <u>want</u> a job outside of school?
- What can CVLA to help you balance your school and Work life?
- How is the workload at CVLA as a student? (too much or too little)
- Do you have a trusted adult that you feel you can come to at CVLA who will listen if you need an ear?
- What kinds of fun things would you like to do at CVLA?
- Have you ever participated in a La Colaborativa program? (check all that apply)
- More fun fridays
  - Youth jobs
  - Housing support
  - Food support
  - College and career planning support
  - Mental health groups on Fridays (how to increase participation)

### 4. Next meeting is Tuesday, Nov 28, 2023